



## Code of Conduct

Please read and tick all the items for the roles that are applicable to you.

**The purpose of this Code of Conduct** is to ensure a safe and enjoyable environment for everyone, by making members aware that there is an expectation, always, of appropriate behaviour consistent with the standards of the Sydney Arrows Ice Racing Club (SAIRC) and the national body, Australian Ice Racing (AIR). SAIRC promotes a fair-go, prohibits discriminatory or harmful actions or practices, and is committed to providing an environment in which all individuals are treated with respect.

Sydney Arrows Ice Racing Club does **NOT accept:**

- Profane, disrespectful, sexually charged or abusive language including offensive gestures.
- Any form of physical or psychological abuse, bullying, intimidation, harassment, threatening or degrading behaviour towards an individual or group.
- Any behaviour that constitutes sexual harassment, including unwelcome sexual comments and sexual advances, requests for sexual favours, or conduct of a sexual nature.
- Destroying, damaging, stealing or interfering with the property of others or the club.

**As a member s of Sydney Arrows, I will:**

Respect all individuals, regardless of age, gender, ethnicity, athletic ability, physical characteristics, sexual orientation, religious belief, political belief, or economic status.

Be honest, take responsibility and be accountable for my actions and accept the consequences for my actions

Promote and encourage diversity, equality and inclusiveness

Respect the property of others and of the club and any venue facilities.

Follow the rules of the sport and demonstrate the spirit of sportsmanship.

Be respectful and thankful of officials, coaches, administrators and volunteers

Promote the sport in the most constructive and positive manner possible.

Adhere to all federal, state, and host country laws.

Adhere to all anti-doping policies, procedures and guidelines.

Comply with AIR policies, procedures rules and regulations.



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Please check all roles that are applicable to you and please ensure that you fill the relevant sheets on the present Sydney Arrows Code of Conduct:

### As an Athlete, I will:

Participate to the best of my abilities in all training, competitions, and other club events.

Act in a sportsman-like manner and not display foul language, aggressive behaviour, or rude gestures aimed at other skaters, officials, coaches, or spectators. I will remember that I am representing not just myself but my family, my club, and in where applicable, my state or country.

Respect all individuals participating in the sport, understanding that the Sydney Arrows is made up of individuals of varying age, ability, backgrounds and beliefs.

Listen and respond to all coaching directions with respect and cooperation.

Report any medical or other issues to the coach that may limit my ability to participate in the sport in any capacity. This will allow the coach to alter my training program or refer me to the most appropriate person for a treatment and return-to-sport plan.

Respect the coach's directions during the training session and consider the impact that my behaviour and actions may have on the entire group. I will volunteer to help with mats at all sessions, turn up at the designated start time and respect the ice time by making sure that I am on the ice ready to train at the allocated times.

Comply with anti-doping, sport integrity and all other policies and procedures as set out by the Arrows club and Australian Ice Racing

### As a Parent/Spectator, I will:

Support the sport of speed skating in a positive manner.

Encourage skaters to compete within the rules and promote good sportsmanship.

Be supportive of athletes, coaches, officials and volunteers.

Respect the decisions and judgments of officials and coaches, and encourage athletes to do the same.

Whenever available, help out at the rink with mats, timing and other volunteer tasks at training and events.



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### Coaches

The coach - athlete relationship is a privileged one and plays a critical role in the holistic development of the athlete. Sydney Arrows Ice Racing Club expects coaches to understand and respect the inherent power imbalance that exists in this relationship. The club expects coaches to be extremely careful not to abuse the power that their position bestows, consciously or unconsciously.

#### **As a Coach, I will:**

Use appropriate language and gestures at all times, taking into account the audience being addressed.

Act professionally and appropriately at all times, understanding that I am a role model and hold an important role within the club.

Ensure a safe environment by selecting activities and establishing controls that are suitable for the age, experience, ability, and fitness level of the involved athletes,

Refrain from contacting or interacting with people under 18 years of age outside of the training environment without the permission and knowledge of their parent/guardian, including on social media platforms.

Act in the best interest of the athlete's development as a whole person.

Respect other coaches, officials, committee members and volunteers.

Meet high standards of integrity and have appropriate and relevant credentials, including working with children check; hold certification to attest to the completion of a sport integrity course, anti-doping and child safe education.

Under no circumstances provide, promote or condone the use of drugs or performance-enhancing substances.

Not engage in intimate or sexual relationship with an athlete under 18 years old, or anyone where the coach is in a position of power, trust or authority.



# Code of Conduct

Please check all roles that are applicable to you and please ensure that you fill the relevant sheets on the present Sydney Arrows Code of Conduct:

### **As a Committee Member, I will:**

Conduct myself openly, professionally, lawfully and in good faith in the best interests of the Sydney Arrows, by displaying behaviours of fairness and equality.

Act with honesty and integrity and conduct myself in a manner consistent with the nature and responsibilities of Sydney Arrows.

Be independent and impartial and not be influenced by self-interest, outside pressure, expectation of reward, or fear of criticism.

Respect confidentiality and not disclose any information that is obtained through my position on the committee that is confidential or sensitive in nature.

Ensure that all club members, their parents and carers are given sufficient opportunity to express opinions, and that all opinions are given due consideration.

Refrain from contacting or interacting with people under 18 years of age outside of the training environment without the permission and knowledge of their parent/guardian, including on social media platforms.

This code also applies to individuals' conduct outside of Sydney Arrows activities and events when such conduct adversely affects the club and its members, is detrimental to the image and reputation of the club and the sport.

I, the undersigned, have read, understood and agree to the terms of the SAIRC Code of Conduct, and the rules and policies as set out by the club and by AIR, including expectations and consequences as stated above.

Member role:

- Athlete
- Committee
- Coach
- Parent/Spectator

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

(must be signed if individual under 18 years)